10

We claim:

1. A method of writing a light-guiding structure in a bulk glass substrate comprising:

selecting a bulk glass substrate made from a soft silica-based material; and

focusing a pulsed laser beam at a focus within said substrate while translating the focus relative to the substrate along a scan path at a scan speed effective to induce an increase in the refractive index of the material along the scan path relative to that of the unexposed material while incurring substantially no laser-induced breakdown of the material along the scan path that would inhibit effectiveness of the scan path as a waveguide.

- 2. The method of claim 1 wherein said material has an annealing 15 point lower than about 1350°K.
 - 3. The method of claim 2 wherein the material has an annealing point lower than about 1325°K.
 - 4. The method of claim 2 wherein the material is substantially transparent to the laser wavelength.
- 5. The method of claim 2 wherein the ratio of the band gap of the material to the energy of the laser irradiation is at least about 5.
 - 6. The method of claim 2 wherein the peak intensity of said laser beam at the focus is at least about 10¹⁴ W/cm².
- 7. The method of claim 2 wherein the material includes a first dopant selected from the group consisting of GeO₂, B₂O₃, Al₂O₃, and P₂O₅.
- The method of claim 7 wherein said material further includes a second dopant different in composition from said first dopant, said second dopant being selected from the group consisting of GeO₂, B₂O₃, and P₂O₅.

- 9. The method of claim 2 wherein the laser pulse duration is from about 18 fs to less than 120 fs.
- 10. The method of claim 2 wherein the laser repetition rate is from about 1 kHz to less than 200 kHz.
- 11. The method of claim 2 wherein the pulse energy is within the range from about 1 nJ to about 10 μ J.
 - 12. The method of claim 11 wherein the pulse energy is within the range from about 1 μJ to about 4 μJ .
- 13. The method of claim 11 wherein the pulse energy is within 10 the range from about 1 nJ to about 10 nJ.
 - 14. The method of claim 2 wherein the scan speed is greater than 20 $\mu\text{m/s}$ and less than about 500 $\mu\text{m/s}$.
 - 15. The method of claim 2 wherein the focus is translated relative to the substrate in a scan direction that is substantially parallel to the laser beam.
 - 16. The method of claim 2 wherein the focus is translated relative to the substrate in a scan direction that is substantially perpendicular to the laser beam.
 - 17. The method of claim 2 wherein the focus is translated 20 relative to the substrate in three dimensions.
 - 18. The method of claim 2 wherein the diameter of the light-guiding structure is about 3 μm to about 4 μm .
 - 19. The method of claim 2 wherein translation of the focus once along the scan path induces a refractive index increase of more than about 0.0001.
 - 20. A product made by the process of claim 2.

20

5

- 21. The product of claim 20 wherein the product is a device selected from the group consisting of a Y-coupler, a directional coupler, a star coupler, a Mach-Zehnder device, a loop mirror, a demux coupler, an Er-doped single- or multi-stage amplifier, and devices having surface-modified thermal, piezoelectric, or trench-type activators.
 - 22. A diffraction grating made by the process of claim 2.
- 23. The product of claim 22 wherein the line spacing is about 0.5 $\,\mu\text{m}.$
- 24. A method of writing a light-guiding structure in a bulk glass 10 substrate comprising:

selecting a bulk glass substrate made from a hard doped silicabased material; and

focusing a pulsed laser beam at a focus within said substrate while translating the focus relative to the substrate along a scan path at a scan speed effective to induce an increase in the refractive index of the material along the scan path relative to that of the unexposed material while incurring substantially no laser-induced breakdown of the material along the scan path that would inhibit effectiveness of the scan path as a waveguide.

25. The method of claim 24 wherein the material is substantially transparent to the laser wavelength.

- 26. The method of claim 24 wherein the ratio of the band gap of the material to the energy of the laser irradiation is at least about 5.
- 25 27. The method of claim 24 wherein the peak intensity of said laser beam at the focus is at least about 10¹⁴ W/cm².
 - 28. The method of claim 24 wherein the material includes GeO₂.
 - 29. The method of claim 24 wherein the laser pulse duration is from about 18 fs to less than 120 fs.
- 30. The method of claim 24 wherein the laser repetition rate is from about 1 kHz to less than 200 kHz.

- 31. The method of claim 24 wherein the pulse energy is within the range from about 1 nJ to about 10 μJ_{\cdot}
- 32. The method of claim 31 wherein the pulse energy is within the range from about 1 μJ to about 4 μJ .
- 5 33. The method of claim 31 wherein the pulse energy is within the range from about 1 nJ to about 10 nJ.
 - 34. The method of claim 24 wherein the scan speed is greater than 20 $\mu\text{m/s}$ and less than about 500 $\mu\text{m/s}$.
- 35. The method of claim 24 wherein the focus is translated relative to the substrate in a scan direction that is substantially parallel to the laser beam.
 - 36. The method of claim 24 wherein the focus is translated relative to the substrate in a scan direction that is substantially perpendicular to the laser beam.
- 15 37. The method of claim 24 wherein the focus is translated relative to the substrate in three dimensions.
 - 38. The method of claim 24 wherein the diameter of the light-guiding structure is about 3 μm to about 4 μm .
- 39. The method of claim 24 wherein translation of the focus once along the scan path induces a refractive index increase of more than about 0.0001.
 - 40. A product made by the process of claim 24.
 - 41. A method of writing a light-guiding structure comprising: selecting a bulk glass substrate including a silica-based material made by a flame hydrolysis process; and

20

5

focusing a pulsed laser beam at a focus within said substrate while translating the focus relative to the substrate along a scan path at a scan speed effective to induce an increase in the refractive index of the material along the scan path relative to that of the unexposed material while incurring substantially no laser-induced breakdown of the material along the scan path that would inhibit effectiveness of the scan path as a waveguide.

42. A method of writing a light-guiding structure in a bulk glass substrate comprising: 10

selecting a bulk glass substrate made from a silica-based material doped with a dopant selected from the group consisting of B_2O_3 , Al_2O_3 , and P_2O_5 ; and

focusing a pulsed laser beam at a focus within said substrate while translating the focus relative to the substrate along a scan path at a scan speed effective to induce an increase in the refractive index of the material along the scan path relative to that of the unexposed material while incurring substantially no laser-induced breakdown of the material along the scan path that would inhibit effectiveness of the scan path as a waveguide.

43. A method of making a three-dimensional internal tunnel lightguiding structure within an interior of a glass body, said method comprising:

providing a glass body, said glass body having an interior, said interior having a homogeneous composition and refractive index;

providing a pulsed laser beam;

focusing said pulsed laser beam to form a converging focused laser beam having a refractive index increasing focus; and positioning said focus inside said glass body interior and controlling relative motion between said focus and said glass body, wherein said focus forms a raised refractive index waveguiding core structure which tunnels through said glass body, said raised refractive index waveguiding core for guiding light and cladded by said glass body.

30

35

- 44. A method as claimed in claim 43, said glass body having a first exterior side and a second exterior side, said first exterior side lying in a first plane, said second exterior side lying in a second plane, and said second plane being non-parallel to said first plane, wherein said waveguiding core tunnels from an input at said first exterior side to an output at said second exterior side.
 - 45. A method as claimed in claim 43, said glass body having a planar exterior base side, wherein said waveguiding core tunnels in a plane non-parallel to said planar base side.
- forming a first raised refractive index waveguiding core tunnel path, a second raised refractive index waveguiding core tunnel path, and a third raised refractive index waveguiding core tunnel path, wherein said third tunnel path is in a plane separate from said first tunnel path and said second tunnel path.
 - 47. A method as claimed in claim 43, said step of providing a glass body including providing a glass homogeneously doped with a glass-softening dopant.
- 48. A method as claimed in claim 43, wherein said focus forms a refractive index increase of at least 1 X 10⁻⁵.
 - 49. A method as claimed in claim 43, wherein said focus forms a refractive index increase of at least 1 X 10⁻⁴.
- 50. A method as claimed in claim 43, said method including forming a first raised refractive index waveguiding core tunnel path and a second raised refractive index waveguiding core tunnel path wherein guided light is coupled from said first core tunnel path to said second core tunnel path.

51. A method as claimed in claim 43, wherein said method includes forming a wavelength division multiplexer for multiplexing a plurality of optical wavelength channels, said forming including forming a plurality of waveguiding core tunnel inputs for separately inputting the plurality of optical wavelength channels, forming a multiplexing region for multiplexing said inputted channels, and forming an output waveguiding core tunnel for outputting said multiplexed inputted channels.

52. A method of direct writing a waveguide in a silica-based

10 material substrate comprising the steps of:

producing a pulsed laser beam having a wavelength beyond an absorption edge of the silica-based material substrate and a pulse duration less than 150 femtoseconds (fs);

focusing the laser beam to a spot within the silica-based material substrate;

adjusting pulse energy of the laser beam within a range in which an accompanying generation of heat has the effect of saturating refractive index increases associated with incremental increases in the pulse energy; and

relatively translating the beam and silica-based material along a scan path to provide for increasing refractive index along a scan path within the silica-based material while incurring substantially no laser-induced breakdown of the material along the scan path that would inhibit effectiveness of the scan path as a waveguide.

- 53. The method of claim 52 in which the step of focusing includes focusing the laser beam through a numerical aperture greater than 0.2.
- 54. The method of claim 53 in which the refractive index 30 increase is saturated at less than 1 microjoule (μJ).
 - 55. The method of claim 54 in which the laser beam has a wavelength of approximately 800 nanometers (nm).

15

20

- 56. The method of claim 55 in which the material is a fused silica and the refractive index increase is saturated at around 0.8 microjoule (μJ) .
- 57. The method of claim 55 in which the material is a borosilicate and the refractive index increase is saturated at around 0.5 microjoule (μJ).
 - 58. The method of claim 54 in which the step of producing includes producing the laser beam with a repetition rate that is slower than a thermal diffusion rate of the silica-based material so that each pulse heats the material independently of adjacent pulses.
 - 59. The method of claim 58 in which the pulse duration is less than 50 femtoseconds (fs).
 - 60. A three-dimensional waveguiding structure comprising the silica-based material substrate and a plurality of waveguides direct written into the substrate in accordance with the method of claim 52.